

The Basics of Child Development **MIDDLE CHILDHOOD**

Between the ages of 5-11, children need positive role models in their lives. They notice when adults are not practicing what they preach.

Become a good role model for your children by:



1. Taking good care of yourself.
2. Being conscious of your words and actions. Living by the rules you make for your child.
3. Apologizing when you've done something wrong. Don't make excuses.
4. Listening to children without judgement & building a connection with them.
5. Guiding and praising good behavior rather than punishing.