

Early Childhood Development

Crying is your baby's way of communicating & connecting with you.

Four facts about crying babies:

FACT 1

It is a sign of a healthy attachment when a baby cries and stops after you have responded to them in a comforting way.

FACT 2

A crying baby may want to communicate with you that they are;

- HUNGRY
- TIRED
- BORED
- WANT TO PLAY

FACT 3

A baby who cries a lot or who does not cry at all can be experiencing too much stress. Their crying may be a sign of poor attachment with a caregiver.

FACT 4

Babies' emotions are linked to that of their caregivers. When you are stressed your baby cries more frequently and when you are calm, the baby is comforted.